

400m Benjamins Meisjes

1. Van Laere Lieselotte	08j ZWAT	1' 26" 00
2. Vanden Bosch Amber	08j ZWAT	1' 32" 00
3. Duym Farah	08j ZWAT	1' 33" 00
4. Soors Sara	07j WAV	1' 36" 00
5. Crijnen Marijke	08j WAV	1' 38" 00
6. Wuyts Kato	08j WAV	1' 40" 00
7. Van Laere Annelore	08j ZWAT	1' 43" 00
8. Bartholomeeusen Lise	07j ACR	1' 49" 00
9. Van Hooste Lisa	07j WAV	1' 52" 00
10. Van Vlerken Lynn	07j WAV	1' 54" 00
11. Van Bogaert Anke	08j WALO	1' 55" 00
12. Van Vlerken Rani	06j WAV	1' 56" 00
13. El Oumari	07j NA	1' 57" 00

400m Benjamins Jongens

1. Bertels Mats	08j WAV	1' 18" 00
2. Van Bockstaele Florian	08j SAV	1' 24" 00
3. De Gucht Noach	08j WAV	1' 26" 00
4. Stanic David	08j SAV	1' 28" 00
5. Fransen Quiten	08j WAV	1' 32" 00
6. Otterlei Lennart	07j WALO	1' 37" 00
7. De Gucht Nathan	06j WAV	1' 38" 00
8. Rombaut Stef	07j WAV	1' 39" 00
9. Konings Thomas	07j ACK	1' 44" 00
10. Van Der Taelen Scott	07j NA	1' 49" 00
11. Tuyls Storm	07j ZWAT	1' 50" 00
12. Donckers Robin	06j WAV	1' 52" 00
13. Michiels Elias	06j WAV	1' 54" 00
14. Nabbach Hamza	07j NA	1' 55" 00
15. Fransen Lennert	07j WAV	2' 00" 00
16. Serneels Ian	07j ACSS	2' 13" 00
17. Tuyls Indy	05j ZWAT	2' 27" 00

850m Pupillen Meisjes

1. Huygen Hanne	10j APSO	3' 10" 00
2. Verboven Tamara	10j APSO	3' 12" 00
3. Segers Robin	10j SAV	3' 17" 00
4. Rombouts Tinne	09j GAV	3' 26" 00
5. Segers Emma	09j ACR	3' 28" 00
6. Dieltiens Amber	10j APSO	3' 29" 00
7. David Joke	10j WALO	3' 34" 00
8. Vercauteren Robyn	10j ZWAT	3' 41" 00
9. De Meyer Caitlin	10j ZWAT	3' 46" 00
10. Nauwelaers Anthe	09j ZWAT	3' 49" 00
11. Mertens Robine	09j APSO	4' 00" 00
12. Segers Nicky	09j SAV	4' 10" 00
13. Van Hooste Phara	10j WAV	4' 12" 00
14. Bartholomeeusen Lente	10j ACR	4' 14" 00
15. Van Meirvenne Emma	10j AVI	4' 16" 00
16. Macri Kaya	10j WAV	4' 19" 00
17. De Pauw Femke	10j WAV	4' 28" 00
18. Deck Sofie	10j NA	5' 07" 00

850m Pupillen Jongens

1. Van Bockstaele Maarten	10j SAV	3' 11" 00
2. Brichtant Yannis	10j SAV	3' 12" 00

3. Veldeman Evert	09j WAV	3' 15" 00
4. Boone Jonas	09j WALO	3' 22" 00
5. Konings Kenny	09j ACK	3' 23" 00
6. Tuyls Keanu	10j ZWAT	3' 24" 00
7. Schelles Vincent	09j WAV	3' 26" 00
8. Schoenmaekers Nick	09j AVI	3' 27" 00
9. El Ouamari Anass	10j NA	3' 30" 00
10. Peirsman Maarten	08j WAV	3' 33" 00
11. Van Coppenolle Stijn	09j ZWAT	3' 34" 00
12. Van Wauwe Arne	09j ZWAT	3' 35" 00
13. Vercammen Robbe	10j ZWAT	3' 36" 00
14. Van Dijk Cedric	09j ACR	3' 40" 00
15. Crynen Karol	10j WAV	3' 48" 00
16. Baert Alexander	10j WAV	3' 50" 00
17. Peeters Nick	09j WAV	3' 54" 00
18. De Pauw Mathias	10j WAV	4' 07" 00
19. Van Bavel Senne	09j WAV	4' 09" 00
20. Rombaut Bert	10j WAV	4' 40" 00

850m Miniemen Meisjes

1. Van De Vyfeyke Ynne	12j WAV	3' 06" 00
2. Bevers Joyce	12j ACR	3' 08" 00
3. Van Den Bogaert Sofie	12j WAV	3' 15" 00
4. Soors Kaat	12j WAV	3' 16" 00
5. Campenaerts Youlika	12j WAV	3' 54" 00
6. Van Cleempoel Anke	11j ZWAT	3' 58" 00
7. Lenaerts Jessica	12j WAV	4' 18" 00
8. Van Bogaert Inge	10j WALO	6' 12" 00

850m Miniemen Jongens

1. Moens Alex	11j SAV	2' 51" 00
2. Lemouche Lindert	12j WAV	2' 55" 00
3. Geluykens Thor	11j WAV	2' 58" 00
4. Quintelier Matthias	12j WAV	3' 08" 00
5. Rombouts Seppe	11j GAV	3' 10" 00
6. Quintelier Yannick	11j WAV	3' 12" 00
7. Schelles Maarten	12j WAV	3' 14" 00
8. Vandebriel Cedric	12j WAV	3' 21" 00
9. Van Cleempoel Tim	12j ZWAT	3' 22" 00
10. Van Bockstaele Vincent	12j SAV	3' 31" 00
11. Peeters Christophe	12j WAV	3' 34" 00
12. Verlinden Marnick	11j AVN	3' 43" 00
13. De Nocker Jari	12j WALO	3' 46" 00
14. Van Damme Jens	11j WALO	3' 47" 00
15. Mertens Nick	11j APSO	4' 05" 00
16. Verboven Sascha	12j APSO	4' 08" 00
17. Van Bavel Robbe	12j WAV	4' 17" 00

1850m Cadetten Meisjes

1. Laenen Dominique	14j WAV	5' 42" 00
2. De Wreede Evy	13j ZWAT	5' 49" 00
3. Huygen Ines	13j APSO	6' 31" 00
4. Van Landeghem Shauni	13j AT84	7' 17" 00
5. Van Bavel Hannah	13j WAV	7' 18" 00
6. Vercammen Luna	13j ZWAT	7' 27" 00

2000m Cadetten Jongens

1. Verboven Matthia	14j APSO	5' 59" 00
2. Van Roey Stijn	14j WAV	6' 02" 00
3. Van Den Bogaert Wouter	14j WAV	6' 11" 00
4. Geluykens Joppe	13j WAV	6' 14" 00
5. Spruyt Jeroen	14j WAV	6' 15" 00
6. Peeters Tom	13j WAV	6' 27" 00
7. Bierkens Dylan	14j ACK	6' 40" 00
8. Michiels Robin	13j WALO	6' 50" 00
9. Eykmans Glen	14j SAV	6' 55" 00
10. Brynaert Wout	13j NA	7' 01" 00
11. Peeters William	13j ZWAT	7' 09" 00
12. Campenaers Djordy	14j WAV	7' 23" 00
13. Van Geeteruyen Christof	13j WALO	7' 31" 00
14. Peeters Gunther	14j ZWAT	7' 42" 00
15. De Haes Glenn	13j ACSS	8' 25" 00
16. Cattoir Jonathan	12j WAV	8' 26" 00

1850m Scholieren Meisjes

1. Van Den Bossche Joy	16j AVKA	5' 37" 00
2. Van Loo Lauranne	15j APSO	5' 46" 00
3. Verheyen Naomi	15j ZWAT	6' 41" 00
4. Brynaert Lies	15j ZWAT	6' 51" 00
5. De Nocker Eline	15j WALO	7' 11" 00
6. Mertens Eveline	15j SAV	7' 14" 00

2000m Scholieren Jongens

1. Boden Kenneth	14j ACK	5' 41" 00
2. Verheyen Nathan	15j ZWAT	5' 44" 00
3. Broecks Daan	16j ACR	6' 32" 00
4. Peeters Matthias	16j ZWAT	7' 04" 00
5. Nuyts Bert	15j APSO	8' 01" 00
6. Cattoir Jeroen	14j WAV	8' 14" 00
7. De Souter Mike	16j WAV	9' 00" 00

3200m Juniors Vrouwen

1. Mertens Michelle	17j SAV	16' 26" 00
2. Lenders Jolien	18j APSO	16' 54" 00

3200m Seniors Vrouwen

1. Brosens Evelien	21j ACR	12' 53" 00
2. Renema Louise	27j LGP	12' 54" 00
3. Martens Katarzyna	30j WALO	13' 30" 00
4. De Cauwer Kathleen	28j ZWAT	14' 08" 00
5. De Bruyn Shana	22j ZWAT	14' 20" 00
6. Van Honste An	21j WAV	14' 43" 00
7. Vorsselmans Kim	30j A.A.	14' 48" 00
8. Peeters Muriel	19j ZWAT	16' 01" 00
9. Brosens Wendy	24j ACR	16' 18" 00

10. Van Den Eede Valerie	33j AVI	20' 03" 00
11. Huygen Evy	27j WAV	21' 59" 00

3200m Masters Vrouwen +35J.

1. Pieters Irina	38j WALO	12' 42" 00
2. Heirbaut Kathleen	42j ZWAT	12' 45" 00
3. Wuytack Sara	41j KLP	12' 58" 00
4. Bylos Conny	42j A.A.	13' 24" 00
5. Bongaerts Patricia	43j NA	13' 28" 00
6. Freysen Chris	39j A.A.	13' 32" 00
7. Michiels Carina	44j ACSS	13' 36" 00
8. De Backer Brigitte	44j KLP	13' 41" 00
9. Vermeiren Ilse	39j ACR	13' 44" 00
10. Van Den Bulck Annick	43j APSO	13' 45" 00
11. Faes Jeaninne	41j WAV	13' 50" 00
12. Dedroog Sylvie	40j SAV	14' 05" 00
13. Laurijssen Hilde	40j ACR	14' 09" 00
14. Cumps Els	42j APSO	14' 46" 00
15. Snoeys Marleen	42j ACR	14' 55" 00
16. Van Stel Michela	40j ACSS	14' 55" 00
17. Smet Sandrina	43j WALO	15' 17" 00
18. Rens Renilde	43j ZWAT	15' 56" 00
19. Biermans Annemie	43j NA	16' 03" 00
20. Caluwe Natascha	41j KLP	16' 20" 00
21. Molina Martha	38j A.A.	16' 40" 00
22. Lathouwers Nancy	39j WAV	17' 03" 00
23. Van Hul Sonja	40j WALO	17' 05" 00
24. Van Bogaert Patricia	44j ZWAT	17' 34" 00
25. Van De Cruys Ann	44j A.A.	18' 42" 00
26. De Ridder Martine	42j A.A.	18' 44" 00
27. Jacobs Nancy	43j APSO	20' 48" 00
28. De Houwer Kristel	35j WAV	21' 58" 00
29. Breugelmans Ann	39j WAV	22' 01" 00

35° Jaak Schramm-cross in Hoboken op zaterdag 21 november 2009

3200m Masters Vrouwen +45J.

1.	Scheirs Jeanne	45j SAV	13' 11" 00
2.	Caluwé Sonja	56j ZWAT	13' 32" 00
3.	Van Bets Christel	48j WAV	13' 35" 00
4.	Swiggers Tania	45j GAV	13' 41" 00
5.	Claes Judy	52j AVI	13' 46" 00
6.	Raets Margareta	52j WAV	14' 23" 00
7.	Suykens Maria	56j APSO	14' 24" 00
8.	Koyen Lucienne	46j ACR	14' 41" 00
9.	Van Gaever Christel	45j A.A.	14' 46" 00
10.	Verboven Daniella	49j APSO	14' 48" 00
11.	Maes Sabrina	45j ZWAT	15' 10" 00
12.	Van Den Bussche Vera	56j A.A.	15' 11" 00
13.	Spiessens Lieve	48j ACSS	15' 17" 00
14.	Bakkers Joanna	66j ZWAT	16' 09" 00
15.	Verlinden Irene	51j WAV	16' 16" 00
16.	Lorrentop Marina	50j AVI	16' 24" 00
17.	Oosters Lieve	50j A.A.	16' 31" 00
18.	Verbeeck Linda	45j APSO	16' 49" 00
19.	Bats Betty	58j WALO	17' 02" 00
20.	Dekkers Carine	45j WAV	17' 06" 00
21.	Van Beek Rita	58j WALO	17' 43" 00
22.	Coulier Danny	48j WAV	17' 59" 00
23.	Florus Lie	48j WAV	18' 05" 00
24.	Venneman Marleen	47j A.A.	18' 31" 00
25.	Torfs Christiane	61j ACSS	18' 36" 00
26.	De Vijlder Dorothy	50j A.A.	18' 42" 00
27.	Rosiers Ria	52j A.A.	18' 43" 00
28.	Mertens Anny	52j A.A.	18' 44" 00
29.	Vissers Nancy	54j A.A.	18' 46" 00
30.	Teunen Maria	72j APSO	22' 05" 00

6000m Juniors Mannen

1.	Kennis Kevin	18j AVI	22' 14" 00
2.	Peeters Olivier	18j ZWAT	22' 51" 00
3.	Broecks Dimitri	18j SAV	23' 51" 00
4.	Mesens Tom	17j SAV	25' 50" 00

6000m Seniors Mannen

1.	Saaïd Ribag	38j A.A.	18' 04" 00
2.	Geerts Marc	24j NA	18' 11" 00
3.	Van Dyck Dries	26j SAV	19' 05" 00
4.	Hicham Migou	21j A.A.	19' 45" 00
5.	De Groof David	20j NA	20' 10" 00
6.	Abi Mohamed	29j A.A.	20' 17" 00
7.	Nicolai Pieter	30j GAV	20' 28" 00
8.	De Loecker Jan	32j NA	21' 31" 00
9.	Van Loon Andy	35j APSO	21' 39" 00
10.	Criekemans Bram	23j NA	21' 41" 00
11.	Montulet Yves	37j NA	22' 08" 00
12.	Schellens Jum	32j A.A.	22' 23" 00
13.	Jennes Wim	25j WAV	22' 27" 00
14.	Op De Beeck Filip	37j A.A.	22' 46" 00
15.	Helfensteyn Dave	31j A.A.	22' 51" 00
16.	Van Der Taelen Tom	38j NA	23' 05" 00
17.	Pilger Pierre	32j A.A.	23' 07" 00
18.	Geudens Jim	29j NA	23' 13" 00

19.	Aandekerk Tim	26j ZWAT	23' 25" 00
20.	Thoen Stephen	19j SAV	24' 11" 00
21.	Van Gorp Jeroen	29j NA	24' 16" 00
22.	Martens Bert	26j WALO	25' 16" 00
23.	Herwegh Pascal	38j WALO	25' 20" 00
24.	Steeman Staf	35j WAV	25' 26" 00
25.	Van Den Bergh Wim	30j SAV	25' 38" 00
26.	D'Haese Tillo	21j ACSS	26' 52" 00
27.	Geerts Marc	24j NA	27' 08" 00
28.	Michiels Yves	36j WAV	29' 00" 00
29.	Van Bavel wim	37j WAV	29' 01" 00
30.	Gers Danny	38j WAV	29' 13" 00
31.	Smeulders Wim	30j NA	31' 01" 00
32.	Van Brussel Thomas	20j WAV	32' 23" 00

35° Jaak Schramm-cross in Hoboken op zaterdag 21 november 2009

6000m Masters Mannen +40J.

1. Steeman Koen	40j WAV	19' 13" 00	4. Wynants Eddy	51j APSO	20' 47" 00
2. Bartolomeeusen Eric	45j ACR	19' 30" 00	5. Delbaere Marc	50j A.A.	21' 12" 00
3. Kerstens Michel	46j LGB	19' 41" 00	6. Thielemans Ivo	50j WAV	21' 18" 00
4. Hertogs Guido	41j SAV	19' 49" 00	7. Van Wolvelaer Luc	50j WALO	21' 26" 00
5. Hendrickx Guido	45j AVN	19' 56" 00	8. Van Molle Rudy	60j KLP	21' 45" 00
6. Brynaert Dirk	44j KLP	20' 04" 00	9. Poiraud Marcel	60j WAV	21' 48" 00
7. Van Loo Alfons	49j APSO	20' 24" 00	10. Maerien Robert	52j A.A.	21' 53" 00
8. Lesdanon Frédéric	44j WALO	20' 28" 00	11. Delbaere René	51j A.A.	21' 55" 00
9. Lenders Frans	45j APSO	20' 38" 00	12. Hofman Dirk	53j NA	21' 57" 00
10. Kanu Alex	40j A.A.	20' 49" 00	13. Vanleene Dirk	53j SAV	22' 01" 00
11. Geerts Pascal	44j A.A.	20' 56" 00	14. Verhaegen Jan	51j SAV	22' 02" 00
12. Van Gaever Egied	48j A.A.	21' 01" 00	15. De Groep Jean-Pierre	51j KLP	22' 03" 00
13. Mertens Gert	45j SAV	21' 02" 00	16. Roose Wieland	50j SAV	22' 04" 00
14. Van Damme Guy	45j WALO	21' 06" 00	17. Mistiaen Andre	51j AVI	22' 20" 00
15. Van Geeteruyen Benny	48j WALO	21' 11" 00	18. Remans Flor	60j WAV	22' 41" 00
16. Laurijssens Rudi	46j A.A.	21' 14" 00	19. Borremans Francois	57j WAV	22' 59" 00
17. Bogaert Patrick	49j WALO	21' 23" 00	20. Govaerts Johan	56j NA	23' 03" 00
18. Pauwels Johan	41j A.A.	21' 33" 00	21. Van Den Bergh Herman	52j ACSS	23' 05" 00
19. Bressinck Walter	48j KLP	22' 02" 00	22. Wauters Francois	63j KLP	23' 22" 00
20. Mertens Patrick	41j AVN	22' 11" 00	23. Van Wijck Jos	60j APSO	23' 24" 00
21. Mys Jean-Paul	43j KLP	22' 28" 00	24. Dhollander Rik	59j WALO	23' 25" 00
22. De Winter Nick	44j A.A.	22' 32" 00	25. Grietens Jean-Marie	54j A.A.	23' 26" 00
23. Steels Pascal	42j A.A.	22' 52" 00	26. Dal Bosco Jean	59j AVI	23' 31" 00
24. Swinnen Kristof	40j WALO	23' 10" 00	27. Vermeiren Camille	60j WAV	23' 47" 00
25. Verwerft Marc	43j AVI	23' 11" 00	28. De Bondt Jozef	57j NA	23' 56" 00
26. Van Meirvenne Tony	47j AVI	23' 12" 00	29. De Pauw Rudy	63j WAV	24' 05" 00
27. Augustijns Rudy	49j NA	23' 17" 00	30. Van Deuren Albert	60j SAV	24' 07" 00
28. De Ceuster Walter	49j WAV	23' 21" 00	31. Martens André	56j WALO	24' 13" 00
29. Van Den Bogaert Herman	40j WAV	23' 22" 00	32. Hermans Joseph	52j A.A.	24' 36" 00
30. De Maeyer Jan	40j AVI	23' 27" 00	33. Pingnet Ludo	52j A.A.	24' 38" 00
31. Daems Richard	49j A.A.	23' 33" 00	34. Cools Hugo	62j KLP	24' 47" 00
32. Schoenmaekers Roby	44j AVI	24' 02" 00	35. Van Aertselaere Frank	51j ZWAT	24' 53" 00
33. Van Honste Kris	42j NA	24' 36" 00	36. Goossens Ludo	58j APSO	25' 02" 00
34. Van Stel Jack	41j ACSS	24' 41" 00	37. Schoenmaekers Jan	54j A.A.	25' 11" 00
35. De Vocht Luc	47j A.A.	24' 52" 00	38. Meulemans Raf	55j A.A.	25' 17" 00
36. Raman Philippe	46j A.A.	25' 07" 00	39. De Lange Etienne	60j AVI	25' 23" 00
37. Reynaert Rudy	45j WALO	25' 30" 00	40. Samyn Eddy	59j WALO	25' 28" 00
38. Eckelder Tom	46j NA	25' 45" 00	41. Apiecionek Vincenty	61j WAV	25' 35" 00
39. Peeters Bart	45j A.A.	25' 49" 00	42. Van Der Linden Jan	54j NA	25' 37" 00
40. Michielsen Marc	47j A.A.	26' 14" 00	43. Joesse Rinus	70j ACSS	25' 55" 00
41. Geluykens Kris	43j WAV	26' 27" 00	44. Van Molle Aimé	65j KLP	25' 56" 00
42. Van Regenmortel Wouter	46j A.A.	26' 34" 00	45. De Bruyn André	60j NA	26' 15" 00
43. Sneijders Peter	43j A.A.	26' 57" 00	46. Van Dyck Marcel	54j APSO	26' 25" 00
44. Van Dyck Luc	49j A.A.	26' 58" 00	47. Quiryren Jan	53j GAV	26' 26" 00
45. Dierckx Jozef	49j WAV	29' 43" 00	48. Van De Laer Guido	56j A.A.	26' 43" 00
46. De Blicck <frank	49j NA	30' 25" 00	49. Van Coppenolle Luk	55j ZWAT	26' 46" 00
47. Van Goethem Walter	45j A.A.	32' 02" 00	50. Van Noten Omer	62j WAV	26' 50" 00
48. Schampaert Dirk	43j NA	33' 02" 00	51. Van Den Branden Patrick	53j AVI	27' 07" 00
49. De Pauw Jan	41j WAV	33' 14" 00	52. Van Eetveldt Herman	64j KLP	27' 12" 00
50. Fischer Peter	47j A.A.	33' 45" 00	53. Pot Pierre	52j A.A.	27' 17" 00
51. Mertens Ralf	46j APSO	53' 52" 00	54. Florus Willy	73j APSO	27' 19" 00
			55. Stoelen Richard	52j A.A.	27' 49" 00
			56. Wuyts Leon	64j APSO	27' 50" 00
			57. Van Hoof Freddy	60j WAV	28' 12" 00
			58. Van Cappellen Dirk	54j AVI	28' 42" 00
			59. Cassier Jean-Pierre	64j A.A.	29' 20" 00
			60. Sanderse Paul	59j NA	29' 21" 00
			61. Van Den Bosch John	64j A.A.	29' 42" 00

6000m Masters Mannen +50J.

1. Hendrickx Jan	50j AVN	19' 56" 00
2. Claessens Jozef	60j WALO	20' 34" 00
3. Caluwe Freddy	59j KLP	20' 36" 00

35° Jaak Schramm-cross in Hoboken op zaterdag 21 november 2009

6000m Masters Mannen +50J. (vervolg)		
62.	Servotte Luc	60j KLP 29' 46" 00
63.	Moorkens Frans	76j APSO 29' 54" 00
64.	Van Den Eede Leon	66j AVI 29' 55" 00
65.	Hoogewijs Bart	51j A.A. 30' 02" 00
66.	Van Beeck Luc	53j A.A. 32' 03" 00
67.	Stoop Jozef	52j A.A. 33' 44" 00
68.	Verbeeck Jacques	55j A.A. 33' 45" 00
69.	Van Rompaey Jozef	71j WAV 33' 46" 00
70.	Snoeys Jacky	65j ACSS 35' 00" 00
71.	Beeckmans Paul	53j A.A. 36' 08" 00
72.	Van Nimmen Paul	58j A.A. 36' 11" 00
73.	Dirix jan	53j A.A. 36' 12" 00
74.	Meir Paul	51j APSO 42' 03" 00
75.	De Coster Wilfried	66j WAV 42' 05" 00